



Welcome to Brentwood Swimming Club!

Firstly please go to our website www.brentwoodswimmingclub.co.uk and sign up to our newsletter. This will enable us to keep in touch with you and let you know what is going on at the club. This is how you will be notified of pool closures, galas, AGM's, social events and other important announcements.

Joining

Our coach will give you a trial session to see which squad you are most suitable for. Please ask a committee member for a free trial ticket which you will need to hand in at reception. The squad you are in will determine when you can swim. Please see the attached schedule of swimming times for each squad.

Squad Structure and Fees as at 30/06/15

SQUAD NAME	COLOUR	ANNUAL SUBSCRIPTION	MONTHLY FEE
Senior	-	£36 (ASA Category 2)	£52
Intermediate	-	£36 (ASA Category 2)	£42
Junior	-	£36 (ASA Category 2)	£37
Stroke Academy*	-	£18 (ASA Category 1)	£20
Masters (Age 18+)	-	£18 (ASA Category 1)	£20 one session per week £30 > one session per week

*Stroke Academy squad is intended as an introductory squad for those requiring some initial work on technique. Swimmers will be expected to move into the Development squad when the coach considers they are ready.

Fees

Training fees are payable monthly by direct debit to Brentwood Leisure Trust, with 30 days notice required for termination. The fee payable is dependent on which squad you are invited to swim with. No reduction is applicable for holidays or missed sessions unless through unavoidable prolonged absence and by application to the committee. The training fees are reviewed annually and any changes will be notified to you. Please ask to speak to one of the membership team at the Brentwood Centre reception to set up the direct debit.

An annual subscription is also payable upon joining the club. The membership fee includes insurance and registration with the ASA, which is necessary to swim. It also allows the swimmer to compete in external competitions. An ASA form is attached. Please complete and return to our membership secretary membership@brentwoodswimmingclub.co.uk. This payment is renewable annually by 31st January. When the ASA have processed your form you will be given an ASA number which will allow you to compete in galas. It will also enable you to go online and check your latest times and rankings. (Note: ASA Category 1 membership will only allow you to take part in certain low level competition events)

Please also complete our membership form so that we have your contact details and medical information.

Galas

Brentwood Swimming Club is a competitive club and you will be expected to compete in galas. The club coach will let you know which galas are suitable for you. Galas are advertised on the Club notice board and the club website. You will need to complete a gala form with the races you wish to compete in, a racing time (if it is your first gala the coach will help you to estimate a time) and pay an entry fee. Please make sure you get your entries in before any deadlines or you may be disappointed. Please ask any committee member to help you complete your form or if you have any questions. Our gala secretary can be contacted at gala@brentwoodswimmingclub.co.uk



The club is a member of the Essex Mini-League, and is expected to attend four and host one gala each year. These are non-licensed meets aimed at swimmers who have yet to achieve county qualifying times. The coach will select the team and decide which events each swimmer should enter. A team list will be posted on the club noticeboard prior to each gala and the coach's decision is final. For further information on the Mini-League contact minileague@brentwoodswimmingclub.co.uk

We also hold our club championships annually. This is an ideal opportunity for new swimmers to get "times" or PB's to use for other galas. The club champs are followed by the club presentation evening.

Code of Conduct

We expect all swimmers (and parents) to behave in a way that is appropriate for a family club and to work with the coaches and the committee in creating a safe, challenging and enjoyable environment in which to swim. Please read the attached Code of Conduct and return a signed copy to our membership secretary to confirm your agreement.

If you or your child have any concerns about child welfare or safeguarding at the club please contact welfare@brentwoodswimmingclub.co.uk

Club Shop

The club shop sells various items that you need to swim. These include:

Kickboard	A flat rectangular piece of foam used in kick sets
Pullbouy	A piece of foam that goes between your legs and helps you float whilst doing pull sets
Paddles	Flat pieces of plastic worn on the hands, usually during pull sets.
Flippers	Flat pieces of plastic worn on the feet.
Mesh Bag	To keep all the above in!
Clothing	

If you attend an external gala you will be required to purchase a Brentwood Swimming Club hat and a tee shirt. Hoodies are also available.

Please contact the shop shop@brentwoodswimmingclub.co.uk if you wish to order any items. The shop is also available on most Sunday swim sessions.

Committee

Your club is run entirely by volunteers and managed by a committee elected at our Annual General Meeting (AGM). Without them, there would be no club. Your club encourages all parents to also become club members, volunteer/help in any way they can and attend/vote at the AGM. Please let any committee member know if you are able to help the club in any way e.g. joining the committee, helping with fundraising, helping at club events, contact chairman@brentwoodswimmingclub.co.uk

Attached

ASA form - return to membership secretary
Membership form - return to membership secretary
Code of conduct – return to membership secretary
Swim times schedule